

****NEW** 10 week pilot programs starting April 10, 2019**

Class options are: 1pm, 2pm, 3pm, 4pm, 5pm, 6pm, 7pm

Beginner-Novice Adult Rider Program (ages 18+) Private 45mins classes @ \$65+GST per lesson

It's never too late to learn how to ride or get back in the saddle. The adult riding program will guide participants in the importance of horsemanship in addition to riding exercises both on the flat and over gymnastics. Our certified instructors will adjust the **one on one** lessons so that a more technical approach to learning is delivered and progression is made with your learning style in mind.

The first session will be a 1 hour orientation and riding assessment. It will cover the following:

- Rider profile/riding experience
- Physical abilities (strength, endurance and coordination)
- Goal planning
- Grooming and horsemanship (both pre and post ride)

Important information: For the safety and comfort of our riders and horses, maximum weight is 180 lbs. All participants must register for a minimum of 5 lessons. This is a pilot program and we will be looking for feedback and suggestions at the end of the session.

Adult Horsemanship/Caregiver Program (ages 18+) Private 60mins classes @ \$55+GST per lesson

Have you ever brushed a horse and felt all of the world's worries melt away?

Are you ready to get over the uncertainties and fears of being around horses?

This program is designed to work with adults who want to know about caring for a horse, reading a horse's body language, safely working around horses, groundwork and basic stable management.

To compliment the ability that the adult horse persons have in body and mind awareness, this program will be personally tailored. You will be able to learn at your own pace with your own goals.

Important information: All participants must register for a minimum of 5 lessons. This is a pilot program and we will be looking for feedback and suggestions at the end of the session.

All inquiries and registrations will be communicated
via phone: 403-932-4819 or email: alborakstable5726@gmail.com

Contact us today!